St Patrick Catholic Church

Sponsor Activity Packet

Candidate's Name:_____

Please complete and return this booklet by March 24.

Candidate's Name:_____

Candidate Signature:_____

Sponsor Name:_____

Sponsor Signature:_____

Date:_____

Where to Begin?

CONGRATULATIONS!
You have chosen your sponsor. Now it's time to learn more about his/her faith journey. Afterall, the life-long role of your sponsor is to walk with you and support you on your own faith journey.

Start your meeting by praying together!!

As you talk with your sponsor use the questions in this book to guide you and give you ideas of topics to explore and discuss with your sponsor.

Please wait until after your meeting to write brief reflections on the back pages of this booklet.

Prayer & Questions

Prayer: Ask the Holy Spirit to guide your conversation and make it fruitful. Thank God for your sponsor and this time together. Close with a prayer of the church; Our Father, Hail Mary, or Glory Be.

For the following questions listen to your sponsor's responses and then share your answers to the questions with them. The goal is have a "conversation" about these faith topics

How did you become Catholic? Were you Baptized as a baby or did you become Catholic as an adult?

How did you first learn about your faith?

Who is your favorite saint? Why is he/she your favorite? What about his/her life or story has helped you on your faith journey?

If you have chosen a Saint for your Confirmation name share that with your sponsor. Explain why you chose this Saint.

Questions continued

How do you picture the Holy Spirit? What images come to mind? When or how have you experienced the presence of the Holy Spirit in your life?

How do you define the word “holy”? Do you know people in your life that you would describe as holy? What challenges do you face when you’re trying to live a life of holiness?

How do you pray? Do you have a favorite place to pray or a favorite time? Do you sit in silence, do you journal, do you say certain prayers?

Questions continued

Do you read the bible? When did you start? Are there certain parts of the bible you find more meaningful than others?

Have you ever had a time in your life when you felt really close to God? Tell me about it.

Have you ever had a time in your life when you struggled to believe in God? Tell me about it and how you kept faith in the end.

Who has been a good role model for you in living out your Catholic faith? What attitudes or practices do they have that make you see them as a good role model?

Questions continued

In what ways are you still hoping to grow in your Catholic faith?

What advice would you share with me as I prepare to receive the sacrament of Confirmation?

Would you be willing to pray for me as I move towards confirmation and beyond?

Are there any intentions that you would like me to pray for?

Questions continued

Feel free to come up with other questions you'd like to ask your sponsor. This is a great opportunity to get to know them better and to learn about their faith journey.

Use this prayer to close your time.
Come Holy Spirit, fill the hearts of your faithful
and kindle in them the fire of your love. Send forth
your spirit and they shall be created and you shall
renew the face of the earth.

Let us pray, O, God who by the light of the Holy Spirit
did instruct the hearts of the faithful, grant that by the
same Holy Spirit, we may be truly wise and ever enjoy
His consolations
.
Through Christ our Lord,
Amen

Reflections

Sometime after meeting with your sponsor take a few minutes to reflect on your discussion and write the answers to the following questions.

What was one new thing you learned about your sponsor?

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What was a surprising or interesting thing you learned about their faith life?

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Reflections

What piece of advice they shared made the most sense to you as you prepare to be confirmed?

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What areas would you like to grow in or learn about after your confirmation as you continue your journey as a disciple?

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