

Opening Prayer

Begin by reading Jeremiah 29:11-13

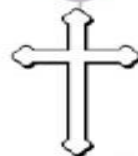
Pray: Heavenly Father, we thank You for the gift of our lives. May we never forget that every moment of our existence is made possible by Your love. Lord Jesus, thank You for giving Your life for every human being that has ever lived and will live so that we might have new life in You. Holy Spirit, be with us now and give us understanding and the conviction to grow in holiness. All Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now, and forever shall be, world without end.

Hail Holy Queen

Hail, holy Queen, Mother of mercy:
Hail, our life, our sweetness and our hope.
To you do we cry, poor banished children of Eve.
To you do we send up our sighs,
mourning and weeping in this valley of tears.
Turn then, most gracious advocate
your eyes of mercy towards us;
and after this our exile,
show unto us the blessed fruit of your womb, Jesus.
O clement, O loving, O sweet Virgin Mary.



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Who Am I?

Consider the following questions and write your answers in the space provided. Be thoughtful, and carefully consider how the answer may be different for each situation.

1. What are some of the first things a new person might notice about you?
2. How might your classmates describe you?
3. How might your best friends describe you to someone you have never met?
4. How might your family describe you?
5. How would God describe you?
6. How do you want each of those groups to describe you? (new people, classmates, friends, family, God).

Small Group Questions

1. What does "dignity" mean?
2. Where does our dignity come from?
3. Can a person lose their dignity? Why or Why not?
4. In what ways are dignity and love related?
5. What are some recent examples of ways you have seen people stand up for someone's dignity?
6. In what ways (even small ways) can you respect a person's dignity in everyday life?

Make us Living symbols

The more we live in holiness, the more we live in unity with God, the more the Holy Spirit and work in us to truly be a powerful witness for God's life in this world.

PCYI Lesson Activity

Read the following:

- ❖ *Although all young people deserve to be cared for and protected by the adults in the community, teenagers also have a unique opportunity to care for and be an example for those who are younger, just like the Apostles were and still are a witness to us.*
- ❖ *Some teenagers have younger siblings or cousins. Teenagers are often called upon to serve the faith community through programs such as grade school mentoring, EDGE leaders, retreat leaders, coaches, etc..*
- ❖ *Many teenagers volunteer in the community, through their school or church, in service agencies that work with and for children.*
- ❖ *Regardless of the amount of involvement, the reality is that young children look up to teens just like you, the teen also have role models like the Saints, super heroes, teachers, etc. They are a constant witness to their peers, younger youth and believe it or not, some adults!*
- ❖ *Teens have the skills and capabilities to be loving, supportive, and encouraging to young children.*
- ❖ *Because young children look up to them and admire them, teenagers also have a responsibility to learn about and practice critical thinking in how they act and in the choices they make.*
- ❖ *There is no doubt that your actions and words are often closely watched and heard by impressionable children. (Even Peers!)*
- ❖ *You have a great opportunity to educate young children about safety matters and can play a significant role in creating and maintaining safe and sacred environments for all community members.*

On a large piece of paper, choose three of the following prompts to create a list of ten things that all children should know about as they grow up in order to become holy, healthy teens and holy, healthy adults.

- *Top 10 ways for Teens to show younger children they care*
- *Top 10 words of faith to Encourage*
- *Top 10 ways that describe a "life in Christ" as a teenager*
- *Top 10 scripture verses that inspire teens*
- *Top 10 words of advice for kids to grow into healthy and hopeful teens*
- *Top 10 ways teenagers give mixed messages about their morals*
- *Top 10 Saints that inspire youth to grow in virtue*
- *Top 10 temptations faced by teens*
- *Top 10 ways to fight / go to battle against Temptations*

Closing Prayer



A PRAYER FOR HEALING VICTIMS OF ABUSE

Father of endless love,
ever caring, ever strong,
always present, always just:
You gave your only Son
to save us by the blood of his cross.

Gentle Jesus, shepherd of peace,
join to your own suffering
the pain of all who have been hurt
in body, mind, and spirit
by those who betrayed the trust placed in them.

Hear our cries as we agonize
over the harm done to our brothers and sisters.
Breathe the spirit of wisdom into our prayers,
soothe restless hearts with hope,
steady shaken spirits with faith:
Show us the way to justice and wholeness,
enlightened by truth and enfolded in your mercy.

Holy Spirit, comforter of hearts,
heal your people's wounds
and transform our brokenness.
Grant us courage and wisdom, humility and grace,
so that we may act with justice
and find peace in you.
We ask this through Christ, our Lord. Amen.



***Prayer to St. Michael
the Archangel***

St. Michael the Archangel,
defend us in battle.

Be our defense against
the wickedness and snares of the Devil.
May God rebuke him, we humbly pray,
and do thou,

O Prince of heavenly hosts,
by the power of God,
thrust into hell Satan,
and all evil spirits,
who prowl about the world
seeking the ruin of souls. Amen.