

## Archdiocesan Approved Curricula 2017 – 2018

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### PRESCHOOL – GRADE 5

- VIRTUS: Protecting God’s Children: Touching Safety Grades K – 5  
and/or
- Monique Burr Foundation: Child Safety Matters, Grades K – 5  
and/or
- NCMEC\* KidSmartz: Education Kit – Abduction Prevention Lessons Grades K-5

### GRADES 6 – 8

- VIRTUS: Protecting God’s Children: Touching Safety (for grades 6 – 8)  
and/or
- NCMEC\*, NetSmartz: Real World and Internet Safety (intermediate & middle school levels)

### GRADES 9 – 12

- NCMEC\*, NetSmartz: Real World and Internet Safety (high school level)  
and/or
- VIRTUS: Protecting God’s Children, Touching Safety (for grades 9 – 12)

*Curriculum Guides and Lesson Plans provided by OPCY*

*Contact the Curriculum & Training Specialist at 651.290.1622 or email [riane@archspm.org](mailto:riane@archspm.org)*

## Summary of Key Concepts in Personal Safety Education

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| <p><b>All NCMEC NetSmartz Materials</b><br/>(Grades K – 12)</p>     | <ul style="list-style-type: none"> <li>• Check First (with a trusted adult)</li> <li>• Take a Friend</li> <li>• Tell People “No” (if scared, uncomfortable or confused)</li> <li>• Tell a Trusted Adult</li> </ul> <p><i>Additional Themes include:</i></p> <ul style="list-style-type: none"> <li>• Beat the Tricks (Primary, Intermediate)</li> <li>• Digital Safety, Online Predators (MS &amp; HS)</li> <li>• Peer Bullying Prevention</li> </ul>   |
| <p><b>Child Safety Matters</b><br/>(Grades K – 5)</p>               | <ul style="list-style-type: none"> <li>• Know What’s Up: Know personal information and personal safety awareness</li> <li>• Spot Red Flags: learn how to identify unsafe situations using common lures/ safe &amp; unsafe touch</li> <li>• Make A Move: know what to do in an unsafe situation</li> <li>• Talk It Up: reporting to a safe adult or safety buddy</li> <li>• No Shame/No Blame: assures children it is never their fault and it is never too late to report abuse</li> <li>• Dealing with Bullying and Harassment</li> </ul>      |
| <p><b>VIRTUS, Protecting God’s Children</b><br/>(Grades K – 12)</p> | <ul style="list-style-type: none"> <li>• Review of Touching Safety Rules; Safe Friends, Adults, &amp; Touches</li> <li>• Boundaries &amp; Telling Someone You Trust</li> <li>• Recognizing Grooming Behaviors &amp; Trusting Instincts; Recognizing Peer Pressures that Prevent Reporting</li> <li>• Digital Safety: Internet and Cell phones; Social Media; &amp; Necessity of Family Rules</li> <li>• Additional Lessons: Speak Up, Speak Out, Be Heard (Part A &amp; B) with Media Reporter &amp; Another Investigator Activities</li> </ul> |
| <p><b>Guidelines</b></p>  | <p>Faith Formation &amp; Youth Ministry Programs:</p> <ul style="list-style-type: none"> <li>• Two (2) Onsite lessons per grade/per year from K-12 using archdiocesan-recommended curricula</li> </ul> <p>Catholic Schools:</p> <ul style="list-style-type: none"> <li>• Four (4) onsite lessons per grade/per year from K-12 using archdiocesan-recommended curricula</li> </ul>   |

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